

## Neighbourhood House Enterprises



### Is the Men's Shed for you?

Some of the projects the Men's Shed have been involved in include, building the jumps for the equestrian group, refurbishing the tiered seats for the Show and welding frames for the Romsey Christmas trees. The Shed houses a wide range of woodwork machinery and some welding equipment.



Come along and use your skills or learn some new ones.

The Mens Shed is open Tues – Thurs  
10am-3pm



### Farmers Market

Fourth Saturday of the month

Wanted-

new producers and food value adders.

lancefieldfarmersmarket@hotmail.com for information



[www.lancefield.org.au](http://www.lancefield.org.au)

A website for the Lancefield Community  
Calendar of events, latest news, directory.

Subscribe for community updates

The Lancefield Op Shop has donated over  
\$385,000 to the community.

See the list of projects on the front window.

New volunteers always welcome

— call the House for details

### The Town House

For all your photocopying, scanning and faxing  
needs. Internet access. Resources .Local crafts.

*A community resource centre*

## End of year celebrations



### Community Christmas Lunch

Tuesday 12 December

RSVP by 5 December on 5429 1214 or add  
your name to the list at The Town House

### Christmas Carols at the Park

Friday 15 December

Farmer Daryl	Singing
School choirs	Santa
Jumping castle	BBQ
6 pm at the Park	

### Boomerang Bags Lancefield

Bag making workshops on the  
2nd & 4th Wednesday of the month 10 –12  
and 1st Sunday of the month 1- 3

Let us know if you would like to make some from home



### Saturday November 25

Entertainment, tours and talks.  
Visit the website from October 15  
for details and bookings and look  
out for the posters.

[www.lancefield.org.au/megafauna-festival](http://www.lancefield.org.au/megafauna-festival)



**Our Mission is to contribute  
to a happy, healthy and  
connected community.**

**Neighbourhood House Activities  
October — December 2017**

### Annual General Meeting

Thursday 19 October 7pm

Opportunity to be part of the Neighbourhood  
House Committee.

Getting involved in the community.

**See inside for regular classes, new  
courses and event information.**

Lancefield Neighbourhood House

78 High Street, PO Box 171, Lancefield 3435

Phone: 5429 1214

[lancefieldhouse@tpg.com.au](mailto:lancefieldhouse@tpg.com.au)

For more information and bookings visit  
[www.lancefield.org.au/lancefieldhouse](http://www.lancefield.org.au/lancefieldhouse)



## Social Media Marketing Plan

Create an effective marketing plan and learn the basics of blog writing.

Explore how you can use Social Media to get your marketing out there. Ideal for people wanting to start a small business & those wanting to promote. Wednesdays 10am—12pm 9 weeks Start 11 Oct ACFE eligible \$41.60 Full fee \$ 125.00

## Social Bike Riding

Friday mornings 9.30 am . Meet at Lancefield Park. An easy ride followed by a cuppa and a chat.



## Beginners Sewing Classes with Pat Danko

Tuesday evenings 7-9 pm  
October 10 – December 12  
\$13 per session



## Scrapbooking, Card Making and Stamping

October workshops: Monday 23, Wednesday 25 and Friday 27 9am – 12pm.

Take some time off for yourself.

\$10 entry includes Morning Tea, 2 cards or 1 scrapbook page. First class FREE!

No experience necessary.

Contact Charlotte on 0438 855 925 for more details.



## Cake Decorating Classes

Register your interest at the Neighbourhood House

## Neighbourhood House Projects

We are juggling the planning of a number of new projects at the moment; establishing a community nursery, starting a food pantry, supporting young families in Lancefield, starting Lancefield radio station, summer meals on the plantation.

Phone the House if you are interested in being part of any of these projects.

Oh, and we are still looking for a location for the community gym.

## Yoga with Lisa

Mondays 6.30-8pm Starting 16 October  
Cost: \$20 Casual or \$15 for 9 week (\$135)

*Lisa Moor has been teaching yoga for 20 years and is trained as a Yoga, Meditation/ Relaxation and Mindfulness teacher.*

*Her classes are always open and available to everyone with an emphasis on deep relaxation and mindfulness. From the time you arrive your breath will change pace and ideally you will leave feeling refreshed and deeply relaxed.*

## Computer Clinic

Need help setting up your new computer or want to learn

some more basic skills?

Ring the House to make a one on one appointment.



## Lancefield singers

Third Sunday of the month 2—4.30 pm  
October 15 November 19 December tbc  
Gold coin donation. Singing for fun. All welcome

## Learn how to make your own soap



3 sessions to pick from Saturday 21 Oct 10am or 1.30pm or Tuesday 17 October 6pm  
Learn how to make your own natural soap  
\$25 bookings essential (see front of brochure)

## Crafty Wednesdays

Bring along your own craft work and enjoy the company advice and sharing of creative ideas.

Beginners welcome.

We have members willing to teach sock knitting—learn the art of turning a heel  
Wednesdays 1-4 pm Gold coin donation



## Meditation

Thursday mornings 10am

Join our friendly & informal group to assist you in relaxing your body, mind and spirit . \$5



## Euchre Afternoon

Tuesdays 12.30pm—3pm



## Decorative Painting

Tuesdays 12—3 pm \$10  
Learn the techniques that can be used on a vast array of projects